## PUT YOUR TEETH INTO THE NEW YEAR

Frequently, I see patients with ill-fitting dentures they either don't wear or will tolerate them only when necessary. Often, it's not because the dentures were fabricated poorly, (although that could be the reason), but the patient lacks adequate bone structure to properly support them. After multiple adjustments or multiple sets of dentures, they may wrongly accept the situation as the way it is and believe there are no other options.

For years now, implants have been available as a life-changing procedure and more recently, mini-implants have been developed as a quicker, less expensive solution to poor-fitting dentures. They give the denture something to attach or anchor to, making it significantly more stable and functionable.

Mini-implants can be placed in a single appointment using only local anesthetic (novacaine) and often ibuprofen is the only pain medication needed afterwards. But, best of all, most people will be able to eat with the mini-implants that same day they are placed. And in most cases, your current dentures can be used with the mini-implants, new dentures may not be required.

Whereas, conventional implants, can easily cost tens of thousands of dollars to fully restore someone's teeth, mini-implants fees, usually, fall within the range of one to three thousand dollars based on each individual's needs. This becomes much more reasonable for many people.

Let your dentures do for you what they were intended to do, allow you to eat, talk and smile. Your quality of life and outlook on life can make the New Year a happy and healthy one.



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